

# **CLOWN WORKSHOP:**



## "In Search of the own Clown, a way to oneself"

The big difference with the traditional buffoon is that the Clown does not try to make laugh, he tries to be himself. Laughter is only a consequence. The pleasure of the Clown is to show ourselves as we are, without censorship, without fears... to be ourselves: ridiculous, human and beautiful. The research is strictly personal, there is not a Clown that can be repeated, as there is not a human being alike to another. Each one has his own Clown with particular and individual characteristics.

### **CONTENT:**

**Training for the Clown:** attention, presence and availability in the scene.

**Clown Condition:** organic state where we do not act the clown, we simply are).

Clown thinking: guided by a personal clown logic, not by common sense

**Relationship with the audience.** 

#### **OVERARCHING OBJECTIVE:**

To be oneself, to accept ourselves as we are and, in this way, to generate precise organic experiences that serve as concrete tools on the way to one's own Clown.

#### **NEEDS:**

A ventilated room, wide enough for 16 people, suitable for bodywork and with an adequate floor. It must be cleaned daily before each session. It must be private, with no view from the outside (glass, windows, etc.) and no mirrors. Bathrooms and dressing rooms. Mineral water and glasses. Laptop with USB reader.

A removable screen or curtain, at least 2 meters high and one and a half meters wide (it must be removable during the beginning of the session).

#### **IMPORTANT:**

Students must have 80% attendance to complete the course. There will be 10 minutes of tolerance from the initial schedule (for any involuntary delay), then no one will be allowed to enter the working space.